

Treat depression without medication

Transcranial Magnetic Stimulation Therapy
FDA Approved. Non-invasive. Effective.



Find a TMS center near you

Institute For Advanced Psychiatry
Dr. Diana Ghelber, MD
www.psychiatryforworth.com
Fort Worth, TX
817-659-7344

Victoria TMS Center
Dr. John M. Bouras, MD
www.vtmcs.com
Victoria, TX
361-582-5678

Bellaire TMS, LLC
Susan K. Sparkman, MD, FAAP
www.bellairetms.com
Bellaire, TX
713-667-4321

Solace Counseling Associates
Dr. Dhiren Patel, DO
www.solacecounseling.com
Plano, TX
214-494-9867

Texas Neuropsychiatric Institute
Michael D. Jenkins, MD
James Avery Rush IV, MD
Lorraine A. Sommerfeldt, MD
www.tmswellness.com
Amarillo, TX
806-350-7868

Texas TMS Center
Jaron L. Winston, MD
www.texastmscenter.com
Austin, TX
512-610-1111

healthy pursuits

Groundbreaking Treatment for Depression Available at Clinics Across Texas

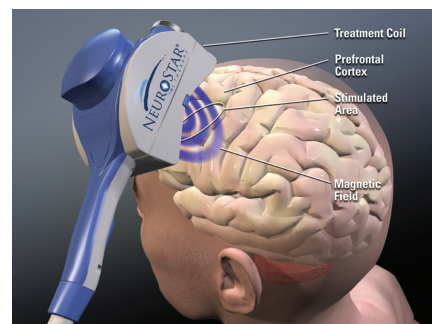
For locations go to
neuronetics.com/contact-find-provider.aspx

Research has established that major depression, a common but serious medical condition, is a biochemical, electrical, and neuronal disorder. Antidepressant medications, the most frequent treatment, focus solely on the disorder's chemistry, but many people experience inadequate benefits from these medications or cannot tolerate their side effects. Now an alternative called NeuroStar TMS (transcranial magnetic stimulation) Therapy is providing relief to many such patients. NeuroStar TMS Therapy has been cleared by the FDA and included in the American Psychiatric Association's guidelines for treating depression when antidepressants have not provided sufficient improvement.

Using pulsed magnetic fields, TMS Therapy stimulates the part of the brain thought to be involved with mood regulation, resulting in long-term changes in the brain and breaking the pattern of depression. "This treatment is

beneficial because it repetitively stimulates the nerves to fire correctly," says Dr. Jaron L. Wilson of the Texas TMS Center in Austin. The patient remains awake and alert during the short outpatient procedure. A typical initial course of treatment is about 37.5 to 60 minutes daily over four to six weeks.

NeuroStar TMS Therapy has proven to be a safe option when antidepressants disappoint. Texans are fortunate to have access to TMS clinics located throughout the state. For more information about TMS Therapy for the treatment of depression, contact one of the clinics or visit their Web sites.



Where the non-invasive, non-systemic treatment coil is placed, and the targeted areas of the brain.

World-Renowned Surgeon Offers the "Full Body Lift" in El Paso

El Paso Cosmetic Surgery
915-351-1116
elpasoplasticsurgery.com

Plastic surgeon S. Ozan Sozer, MD, is internationally known for his contributions to cosmetic surgery and pioneering body-contouring techniques. The founder of the El Paso Cosmetic Surgery center, Dr. Sozer has been practicing cosmetic surgery for more than fifteen years and has shared his medical expertise with his peers in Europe, Asia, South America, Central America, Mexico, and the United States.

Massive postsurgical weight loss leaves most patients with excess skin and fat, and many of them then undergo a series of operations to remove excess tissue and sculpt the body. These operations—such as tummy tuck, breast augmentation, and lifts of the thighs, buttocks, and arms—are known as body contouring. Dr. Sozer is recognized as one of the few doctors in the world who can successfully perform all of these operations back-to-back in one day, during a procedure called the full body lift. Slightly overweight patients can benefit from Dr. Sozer's moderate weight loss sur-

gery, which combines liposuction techniques with body-contouring surgery to improve body forms and lose up to 35 pounds.

In the comfortable, spa-like setting of El Paso Cosmetic Surgery, patients can view realistic illustrations of potential surgical outcomes with Vectra, a 3-D imaging system. This state-of-the-art facility also offers nonsurgical procedures such as various laser techniques, fat injections, derma fillers, and Botox.



Dr. S. Ozan Sozer